

Silverado Pool



1540 West 32nd Street • (562) 570-1721

GENERAL INFORMATION

The Silverado Pool Swimming Pool is a year-round, indoor 25-meter pool with water temperature maintained at a comfortable 83 to 84 degrees. Children must be at least 42" tall or accompanied by an adult in the water. Swimsuits are required. Infants must wear "swim diapers". Schedule is effective from Monday, January 4 to Monday, May 31 and may be subject to change.

OPEN SWIM FEES:

Youth (17 years and under) – \$1.50

Adults (18 years and over) – \$2.50

Seniors (50 years and over) – \$1.50

Tickets books: Discount tickets are available at the pool office. Each ticket book contains 25 passes. Adult \$55 / Youth \$35. We do not offer refunds.

| Activity | Days | Times | Ages |
|----------------|-------|----------------|-------|
| Lap Swim | M/W/F | 6:30 – 10:30am | All |
| Adult Lap Swim | M/W/F | 12 – 2pm | Adult |
| | M/W | 6 – 7pm | Adult |
| Lap Swim | Sa | 9am – 1pm | Adult |
| | Su | 8am – 12pm | All |
| Deep Water | M/W/F | 10:30 – 11am | Adult |
| Exercise | | | |
| Shallow Water | M/W/F | 11am - 12pm | Adult |
| Exercise | | | |
| Rec. Swim | M/W | 2 – 3:30pm | All |
| Rec. Swim | Sa | 1 – 3:30pm | All |

WATER EXERCISE CLASSES

Shallow Water Exercise class is free for Seniors over 50 and \$3.00 for Adults under 50. Deep Water Exercise is \$1.50 for Seniors over 50 and \$3.00 for Adults under 50.

SWIMMING CLASSES

The following are conducted during five-week sessions. Registration is held in person at the pool on Saturday prior to class session 8:30 am to 12:00 pm and 3:30 pm to 6:30 pm during the first week of class. Fees are: Youth, \$37; Adults, \$44. Please make check payable to the CITY OF LONG BEACH. Refunds for classes will only be granted prior to the first class meeting, with a \$9 service charge assessed. If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test prior to classes starting. Note: Schedule and fees may be subject to change.

Weekday Evenings: Sessions begin on 1/11 for the Mon & Wed. evening classes. Classes are 25 minutes in length unless otherwise noted. Classes must have a minimum of four students and will be limited to ten.

| Registration | Session |
|------------------------------|----------------------|
| Jan. 9, 11 & 13 M/W Classes | Jan. 11 Thru Feb. 10 |
| Feb. 13, 15 & 17 M/W Classes | Feb. 15 Thru Mar. 17 |
| Mar. 20, 22 & 24 M/W Classes | Mar. 22 Thru Apr. 21 |

| Activity | Times | Required |
|-------------------|--------|----------------|
| PreSch Aquatics 1 | 4pm | 3-5 yrs |
| PreSch Aquatics 2 | 4pm | PreSch 1 |
| Level 1 | 4:30pm | 6yrs - Adult |
| Level 2 | 4:30pm | pass Level 1 |
| Level 3 | 5pm | pass Level 2 |
| Level 4 | 5pm | pass Level 3 |
| Level 5 | 5:30pm | pass Level 4 |
| Level 6 | 5:30pm | pass Level 5 |
| Parent/Child 1 | 6pm | 6 mo – 3 yrs |
| Parent/Child 2 | 6pm | 6 mo – 3 yrs |
| Adult | 6:30pm | 15 yrs - Adult |

Saturdays: The following are conducted in a ten-week session on Saturdays. Registration is held in person at the pool the first day of class, 8:30 am – 12 pm.

Session One – Saturday, January 9 to Saturday, March 13

Session Two – Saturday, March 20 to Saturday, May 22

| Activity | Times | Required |
|--------------------|---------|----------------|
| Beginning Adult | 9:00am | All levels |
| Intermediate Adult | 9:00am | All levels |
| Parent/Child 1 | 9:30am | 6 mo - 3 yrs |
| Parent/Child 2 | 9:30am | 6 mo - 3 yrs |
| PreSch 1 | 10:00am | 3-5 yrs. |
| PreSch 2 | 10:00am | PreSch 1 |
| Level 1 | 10:30am | 6 yrs.-17 yrs. |
| Level 2 | 10:30am | pass Level I |
| Level 3 | 11:00am | pass Level II |
| Level 4 | 11:00am | pass Level III |
| Level 5 | 11:30am | pass Level IV |
| Level 6 | 11:30am | pass Level V |



PRIVATE SWIM LESSONS.

Instructor Robert Bruce Hirschhorn has 29 years experience specializing in early childhood water safety, stroke development, adult beginners and special needs. The fee for six 20-minute private lessons is \$180. Lessons are appointment only and are conducted M/W/F/Sa & Su. Call (562) 431-4080 for information regarding this program.